

Hearing Voices Network Dundee (SCIO)

**TRUSTEES' ANNUAL REPORT
AND FINANCIAL STATEMENTS
for the year ended 31 March 2024**

Charity Number: SC047597

Hearing Voices Network Dundee (SCIO)

REPORT OF THE TRUSTEES

TRUSTEES

Trustees who served during the period to 31 March 2024 and up to the date of this report were as follows:

Chair J Burns

Treasurer M Moorjani (Resigned 31/3/24)

**Trustees other than
office bearers**

S MacIntyre (Resigned 1/6/24)
J Stewart
C Nicoll (Resigned 23/7/23)
L Donnelly (Resigned 23/7/23)
A Redford (Resigned 23/7/23)
L Taylor (Appointed 23/7/23)
K Hendrie (Appointed 23/7/23)
N Bertie (Appointed 23/7/23, resigned 17/05/24)
B Aslanyan (Appointed 23/7/23)

CONTACT ADDRESS

216-222 Hilltown
Dundee
DD3 7AU

INDEPENDENT EXAMINER

Louise Deuchar, C.A.
Findlays Audit Limited
Chartered Accountants
11 Dudhope Terrace
Dundee
DD3 6TS

BANKERS

The Royal Bank of Scotland
133 Albert Street
Dundee
DD4 6PR

REPORT OF THE TRUSTEES

The Trustees of Hearing Voices Network (Dundee) hereby submit their report and accounts for the period ended 31st March 2024

Legal and Administrative Information

The Hearing Voices Network is a Scottish Charitable Incorporated Organisation, registered on 20th July 2017 (number SC047597) and is governed by its constitution.

Structure, Governance and Management

The Trustees' strategic, leadership and governance duties are carried out via six weekly scheduled Board Meetings. During the period, operation day to day management has been carried out by the previous Manager, appointed in February 2018 and left in November 2023, a new Manager was appointed in January 2024.

People with lived experience of mental illness have a positive influence on the direction of the Charity, and, as such, at least one trustee must be a voice hearer. Only full members of the charity are eligible to serve as Trustees and are normally elected at the Annual General Meeting. Nomination for a Trustee position must be made either in writing or during the annual General Meeting. If nominations exceed vacancies, elections are held by ballot.

In addition to the Trustees elected, the Board may co-opt up to two further Trustees who, after co-option, will serve until the conclusion of the next annual general meeting.

In the absence of members who are willing to be nominated or appointed as Trustees, vacancies are advertised to the wider voluntary sector via Dundee Volunteer and Voluntary Action (DVVA), Scottish Council for Voluntary Organisations (SCVO), local newsletters and social media platforms. The potential Trustee will complete an application form, supply two references, and meet the Board prior to any appointment.

Charitable Purposes

The objectives in the charity's constitution are:

- To relieve the suffering and distress of persons suffering from 'hearing voices' due to any mental illness.
- To educate society, professionals and carers in what it means to 'hear voices' and the effects it has on the 'hearer'
- To promote greater integration in the community of those who suffer mental health problems and experience 'hearing voices'
- To provide mutual support for 'voice hearers' and their carers.

REPORT OF THE TRUSTEES

Activities and Achievements

During the reporting period, the charity has worked alongside local and national organisations and bodies to provide a greater support mechanism for members and afford a better awareness to external agencies and the general public.

The charity continues to operate three complimentary services: HaVeN (a drop in Community Mental Health Centre including an information point with creative therapeutic/social activities) and a 'Bridging the Gap' befriending and mentoring service.

The Charity undertook a transformational change throughout the reporting period with a number of staff accepting redundancies and a full staff restructure taking place. The re-structure has created the following roles Operations Manager, Office Co-ordinator, Development Officer, 2 x Support Workers & Kitchen Co-ordinator. This was to allow the support structure to be clearer and to ensure that the governance is in place. Due to redundancies during the reporting period the hours were adjusted to Monday – Friday 10-4. Extended hours have been trialled and as a result the service is now open 9-2pm on Saturdays. This is to allow members to access the service when other local services are unavailable.

The HaVeN had secured funding in 2023 from the Coldside Regeneration Forum to provide a 'Food for All' project to support those in the local community experiencing Food/fuel poverty as well as isolation/loneliness during the cost of living crisis. This funding has now ended with an acknowledgment that it detracted from some of the charity's main objectives and there was a need to re-establish the support offered through groups and therapeutic practices.

The charity continues to encourage and support members to be involved in local community projects such as the Hilltown Community Larder and Community Wardrobe and to volunteer with other organisations. This allows those who experience mental health issues such as psychosis, anxiety and severe depression to better integrate within the local community.

The training of volunteers remains a priority, for people who show an interest in volunteering are provided with appropriate training, skills and confidence building. Training provided over the reporting period for both staff and volunteers includes, First Aid, Mental Health First Aid, Peer to Peer, Suicide Prevention and Food Hygiene Training.

Staff and Volunteers have been involved in stakeholder engagement meetings both locally and nationally to ensure a better understanding of current issues. Continued partnership working with local organisations has seen staff and volunteers participate in events such as Open Days, College Stalls and forums.

A delegation also travelled to Paris to attend the annual Intervoice Congress and represent the charity at the wider Hearing Voices Network, over a two day period they attended lectures and events to learn more about developments and issues affecting the wider 'hearing voices' community.

Staff carry out one to one support with members, this provides early intervention to engage with statutory services and provide referrals to other voluntary organisations. One to one support is provided in a number of different ways with Booked Weekly Sessions and Drop-in sessions available. Support to attend other organisations has been provided.

Fundraising was focused on attending the Congress; a number of fundraising activities were undertaken including the Kiltwalk.

Dundee Health and Social Care Partnership (DHSCP) continues to be the main funder, enabling the charity to operate its day-to-day activities.

REPORT OF THE TRUSTEES

Going Concern

After making appropriate enquiries, the Trustees have a satisfactory expectation that the company has adequate resources to continue in operational existence for the foreseeable future. For this reason they continue to adopt the going concern basis in preparing financial statements.

Financial Review

The results for the period are set out in the attached accounts. The Trustees are currently working towards achieving their reserves policy, which is to maintain unrestricted funds that equate to approximately three month's expenditure, at the period end the reserve policy is not being met. At 31st March 2024, unrestricted reserves amount to £21,391 (2023 - £30,166)

Approved by the Trustees on 4 September 2024

and signed on their behalf by:

A handwritten signature in black ink, appearing to read 'Jordan Burns', is written over a horizontal line.

Jordan Burns (Chairperson)

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

I report on the accounts of the charity for the period ended 31 March 2024 which are set out on pages 6 to 8.

Respective responsibilities of Trustees and Examiner

The charity's Trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustees Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity Trustees consider that the audit requirement of the Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act to state whether particular matters have come to my attention.

Basis of Independent Examiner's Statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent Examiner's Statement

In the course of my examination, no matter has come to my attention

1. Which gives me reasonable cause to believe that in any material respect the requirements:
 - To keep accounting records in accordance with Section 44 (1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - To prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts RegulationsHave not been met, or
2. To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Louise Deuchar, C. A.

**Independent Examiner
Findlays Audit Limited
Chartered Accountants
11 Dudhope Terrace
Dundee
DD3 6TS**

4 September 2024

Hearing Voices Network Dundee (SCIO)
RECEIPTS AND PAYMENTS ACCOUNTS
For the year ended 31 March 2024

	Unrestricted funds £	Restricted funds £	2024 Total £	2023 Total £
Receipts				
Donations and Gifts	2,748	26	2,774	7,038
Grants		166,552	166,552	176,463
Legacies	-	-	-	5,000
Sales	9,068	-	9,068	7,099
Fundraising	285	2,249	2,534	2,110
Miscellaneous income	3	650	653	-
Total Receipts	12,104	169,477	181,581	197,709
Payments				
Wages	4,564	116,091	120,655	104,653
Staff Pension Costs	2,340	3,272	5,612	5,872
Volunteer/staff training & expenses	2,938	5,224	8,162	4,129
Recruitment costs	95	-	95	337
Rent payable	-	15,340	15,340	15,044
Purchases of goods and services	6,993	1,818	8,811	8,695
Insurance	-	2,677	2,677	2,417
Light and heat	-	3,802	3,802	4,539
Allotment costs	-	-	-	31
Refurbishment, repairs and maintenance	84	1,632	1,716	1,898
Assets purchased	55	36	91	117
Telephone, internet & postage	-	9,430	9,430	8,858
Freelance, professional and membership fees	525	6,664	7,189	1,159
Congress Costs	-	2,208	2,208	-
Sundry expenses	1,085	-	1,085	739
Fundraising	-	4,174	4,174	208
Total Payments for Charitable Activities	18,679	172,368	191,047	158,686
Governance Costs:-				
Independent Examiners fee	2,200	-	2,200	1,500
Payroll services	-	648	648	771
Total Payments	20,879	173,016	193,895	160,957
Surplus/ (deficit) for period	(8,775)	(3,539)	(12,314)	36,753
Funds brought forward	30,166	25,338	55,504	18,751
At 31 March 2024	21,391	21,799	43,190	55,504

Hearing Voices Network Dundee (SCIO)
STATEMENT OF BALANCES
AS AT 31 March 2024

		2024	2023
	Notes	£	£
Bank and Cash in hand			
Opening balances		55,504	18,751
Deficit for period		(12,314)	36,753
Closing balances		<u>43,190</u>	<u>55,504</u>
Funds			
Unrestricted funds		21,391	30,166
Restricted funds	1	21,799	25,338
Closing balances		<u>43,190</u>	<u>55,504</u>
Assets			
Assets at net book value		12,808	12,718
		<u>12,808</u>	<u>12,718</u>

Approved by the Trustees on 4 September 2024

and signed on their behalf by:



Jordan Burns (Chairperson)

Hearing Voices Network Dundee (SCIO)
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2024

1. Restricted Reserves

	Balance at 01.04.2023	Received in period	Expenditure in period	Transfers in/(out)	Balance at 31.03.2024
	£	£	£	£	£
CRF Free Food For All	242	-	(242)	-	-
DHSCP Snooker	159	-	-	-	159
DHSCP	19,627	166,252	(165,828)	-	20,051
Faith In The Community	226	-	(226)	-	-
World HV Congress	5,084	2,925	(6,420)	-	1,589
Cooking Classes	-	300	(300)	-	-
	25,338	169,477	(173,016)	-	21,799

DHSCP Recurring (Dundee Health and Social Care Partnership) - to fund core running costs of the organisation.

CRF Free Food For All Project – to provide free meals/refreshments for members and the local community.

DHSCP Snooker Project – to fund external games activities.

Faith In The Community Free Food 4 All Project – additional funding to assist in providing free meals/refreshments for members and the local community.

World Hearing Voices Conference – various fundraising activities in relation to sending members as delegates to Intervoice World Congress.

Cooking Classes – to provide funding to give cooking classes to members.

2. Trustees' remuneration and expenses

No trustees in their capacity as trustees received remuneration.

Expenses reimbursed to trustees acting in their capacity as trustees of the charity amounted to £520 (2023 - £51).

Expenses reimbursed to trustees acting in their capacity as volunteers in the charity's activities amounted to £22 (2023 - £97).

